

# **Owen Kedas T-ball Training League Rules**



- Games are 3 full innings
  - Every player batting in each inning
  - All boys/girls playing all the time defensively
  - All players on a team bat in one lineup and then switch to defense
  - Helmets are required when batting and base running
  - And helmets should stay on until back in dugout
  - Helmets, bats, and balls are provided for practice and games by HBSP
- No Score is kept
  - No outs are called
  - Runners advance only one base at a time
  - When the last batter hits; all present baserunners round the bases all the way home.
- Play normal defensive positions
  - Except have a Left and Right defensive pitcher
  - All defensive players are to be no closer than the pitcher's mound/line until ball is hit
  - Players should be moved to different defensive positions each inning
- Uniforms
  - Players can wear tennis shoes or plastic/rubber cleats
  - Shorts or baseball pants
  - Each player will receive their own team hat and shirt
- Coaches:
  - One batting Team Coach should be at home to help position the batter and put the balls on the tee
  - Coaches should also be near bases to direct the runners to their next base
  - When team is batting it is helpful to have 2 helpers in the dugout to get the kids ready to bat
  - Defensive coaches on the field can call out a player to make the play (so multiple players aren't all going after the hit ball)
  - Defensive coach should encourage throws to 1<sup>st</sup> base
  - Defensive coach should be at 1<sup>st</sup> to protect the 1<sup>st</sup> baseman and help with overthrows
  - If batter kits the ball in front of home plate; coach calls for a re-hit
  - Try to keep teams at 8-10 players